

Garden to Fork - Tortilla Soup

Purée together

- 1 pound cherry tomatoes
- 2 hot banana peppers
- 1 cup cilantro – stems and leaves
- 2 cloves garlic
- ½ white onion
- ½ can black beans
- ½ to 1 cup water

Warm the puréed mixture on the stove, then add

- ½ cup crushed tortilla chips
- 1 cup corn
- ½ can black beans
- grilled or shredded chicken (optional)

Serve topped with (optional)

- any combination of the soup ingredients
- crushed tortilla chips
- avocado
- sour cream

Serves 4



Recipe from the test kitchen of Katherine Paquette

Enjoy!