

## Garden to Fork – Insalata Caprese

One of my favorite Italian salads, this recipe mingles tomatoes and basil fresh from the garden. The Italians serve this delicious dish as a side salad or as a complete meal! *Try it, you'll like it!*



Ingredients: For a single serving side salad.

- ½ cup sliced tomatoes or use halved cherry tomatoes
- ¼ cup fresh mozzarella – quartered
- 2-3 fresh basil leaves – shredded
- Olive oil to drizzle.
  - Red pepper flakes to taste
  - If using marinated fresh mozzarella, use that oil with the spices.
- Splash of balsamic vinegar

Allow the flavors to mingle together for a few minutes before serving.

Enjoy! Alaine Bush