

Garden to Fork – Herb-Infused Simple Syrup

Herbal simple syrups can be stirred into water, tea or other favorite beverages.

Ingredients and prep:

- Combine 1 cup water and 1 cup sugar in a saucepan. Bring mixture to a boil over medium heat. Stir until sugar is dissolved.
- Remove from heat and add 1 cup tightly packed chopped fresh herb leaves.
 - Pieces of citrus peel can also be added
- Cover pan and allow infusion to stand for 15 minutes. Remove herb leaves.
- Transfer to a lidded storage container or bottle.
- Store in refrigerator for up to 2 weeks.
- Makes 2 cups



Now you're cookin! Alaine Bush